

RPI FIT SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN GYM	5:30-6:30 AM	5:30-6:30 AM	5:30-6:30 AM	5:30-6:30 AM	5:30-6:30 AM	
CARDIO BURN	8:30-9:30 AM		8:30-9:30 AM		8:30-9:30 AM	
X TRAINING						9:00-10:00 AM
OPEN GYM	4:00-5:00 PM	4:00-5:00 PM	4:00-5:00 PM	4:00-5:00 PM	4:00-5:00 PM	
X TRAINING	5:00- 6:00 PM	5:00- 6:00 PM	5:00- 6:00 PM	5:00- 6:00 PM		
X TRAINING	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM		